



> Fuel Your Body
with ViSalus GO®
Instant Energy†

1. How does ViSalus GO® fit into my workout?

ViSalus GO gives you energy when you need it most—before and after your workout, or anytime you want a boost of energy fast—by providing a unique and powerful blend of ingredients that support peak muscle performance. It's also great for the non-athlete; it can provide a pick-me-up to fuel your body.†

2. What other benefits are derived from ViSalus GO?

ViSalus GO is a patent-pending on-the-go energy shot that provides powerful antioxidants combined with other beneficial ingredients to support muscle health, assist in alertness and wakefulness, and enhance cognitive performance as well as visual acuity—vital to cyclists and runners and a tremendous advantage to everyday computer users and hardcore video game enthusiasts.†

3. How does ViSalus GO measure up against other energy shots?

ViSalus GO contains more than just caffeine! It contains many other nutrients that support stamina, endurance, muscle health and energy. And, at 100 mg of caffeine, it has about the same amount of caffeine as found in a cup of coffee.†

4. What is Powergrape®?

We're glad you asked. Powergrape® is a Whole Grape Extract that has been clinically tested and was shown over time to support stamina, endurance and to help cellular uptake of oxygen.†

5. Why are there artificial sweeteners in ViSalus GO?

The formula contains fruit extracts which can be difficult to make taste good using sugar as a sweetener. Sugar can also spike insulin which can slow or weaken overall performance. ViSalus GO uses a non-insulin-spiking sweetener called Isomaltulose that supports muscle health. In addition, we use a small amount of Sucralose (approved by the World Health Organization and in use in over 80 countries worldwide) to create a great-tasting product with a minimal amount of artificial sweetener.

6. Is ViSalus GO appropriate for athletes?

Absolutely. ViSalus GO contains no ingredients on the Olympic-banned substances list.

7. What is the recommended daily dose?

Consume straight from the bottle. Or if you prefer, mix into 8-16 ounces of water or any beverage. Do not exceed four bottles per day.

8. Why is there caffeine in ViSalus GO®?

Caffeine is known to help stimulate the brain and body. Though there is no nutritional need for caffeine, moderate caffeine intake is not associated with any known health risks and has been shown helpful in many clinical studies.†

9. Is this product gluten-free?

Yes, GO is gluten-free.

10. Is this product lactose-free?

Yes, GO is lactose-free.

11. Who should use ViSalus GO?

This product is for anyone—from serious athletes to everyday people working long hours, especially in front of a computer—who needs a natural energy boost now and then to accomplish their goals.† Not recommended for children, pregnant women or people sensitive to caffeine.

12. What is the difference between ViSalus GO and ViSalus NEURO®?

ViSalus GO is a convenient, portable, on-the-go energy shot that can be consumed straight from the bottle. Or, if you prefer, it can be mixed into water or any other beverage. It has more caffeine than NEURO and additional benefits for performance. NEURO is a powder drink mix that provides ingredients to support energy and healthy brain function.†

13. What is the difference between ViSalus GO and ViSalus PRO®?

ViSalus GO is a liquid energy shot for an instant boost whenever you need it. Additionally, it provides twice the amount of the Powergrape® extract to support performance energy and to enhance visual acuity. ViSalus PRO is a powder drink mix that provides long lasting energy. It contains twice the amount of Isomaltulose and includes Ginseng, D-Ribose and Apple Extract to support muscle energy and mental focus, help ATP production, and to help fight physical fatigue. The two products—which share some common ingredients and benefits—were designed to be used together. We recommend using ViSalus PRO 30–60 minutes before your workout and ViSalus GO during your workout for an added performance boost. You can also try ViSalus NEURO after your workout to fuel your body with special nutrients and hydration.†