

> Nutritional Support to Help Fight the Signs of Aging with Vi-pak®†



1. I eat healthy and exercise. Why should I take supplements?

It is difficult to give your body all the vitamins and essential nutrients it needs. For example, to maintain the Vitamin E levels recommended for a healthy heart, you could consume 9 tablespoons of olive oil a day (or 200 peanuts or 75 slices of wheat bread). Or, with Omega Oils you could eat oily fish (like salmon or mackerel) 3–5 times a week. It is hard to consistently get enough nutrients every day from diet alone.

2. Why is Vi-pak an advanced nutritional support system to help fight the signs of aging?

There's no guesswork. The Vi-pak system was developed by Dr. Michael D. Seidman, M.D., surgeon and nutrition advocate who has studied nutrition for over 25 years, including N.I.H. (National Institutes of Health) funded research. He's an authority on the molecular basis of aging as well as on herbal therapies, nutrition, antioxidants and their relationship to health, sports and aging. The levels, sources and types of nutrients found in Vi-pak have been evaluated in clinical and scientific studies to ensure you're receiving the most comprehensive nutritional supplements available.†

3. How does the Vi-pak system measure up against other vitamins?

There is no comparison. Vi-pak provides four complementary supplements with unique and powerful ingredients to deliver optimal nutritional support. Our vitamins and minerals are chelated for maximum absorption. We include a patented formula to help fight the signs of aging and support increased energy at the cellular level. Our Omega Vitals is purified to remove toxins and deliver healthy benefits. Lastly, we provide a robust blend of 26 antioxidants to help protect your body against free radical damage.†

4. The Vi-pak Anti-Aging & Energy formula works at the mitochondrial level. What's that?

Mitochondria is the inner part of your cell, where energy and detox begins, providing 98% of our body's energy. Scientists have discovered that one of the reasons we age is because of the damage that happens to these structures. The patented Anti-Aging & Energy formula in Vi-pak combines two mitochondrial metabolites and two mitochondrial respiratory chain precursors that support mitochondrial function. Therefore, helping your cells to continue to use nutrition to help support their natural repair process.†

5. What is the recommended daily dose?

For optimal nutrient absorption, Vi-pak® was designed to be taken twice per day. Your body simply isn't able to optimally absorb all the necessary vitamins and minerals all at once. For your convenience, Vi-pak provides 30 AM packets and 30 PM packets in each box.

6. Who should use the Vi-pak supplements?

Vi-pak is designed for adults, including professional athletes as well as everyday athletes. However, as with all products, consult your healthcare professional prior to use if you have or suspect a medical condition, are taking prescription drugs, or are pregnant or lactating.